

Sponsoring Office: Family Ministries

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For Bulletin of: At your convenience



If divorce affects your family...

- ✓ It is upsetting to everyone—parents, siblings, aunts, uncles, friends, neighbors.
- ✓ It is hard to know what to say or do for the hurting couple.
- ✓ It is an awkward time.

You can...

- ❖ Be a good listener to the family .
- ❖ Offer to watch the children and give the custodial parent time off.
- ❖ Provide dinner for the working parent.
- ❖ Refrain from lectures or criticisms.
- ❖ Allow the family to express their feelings and fears openly.
- ❖ Find comfort in prayer.
- ❖ Focus on what the family needs, not on your embarrassment over the situation.
- ❖ Offer encouragement, it takes a long time to recover and rebuild a new life

For additional help for families of divorce, contact the Divorce and Annulment Support Ministries Office at 312.534.8353 or go to www.familyministries.org.



Family Ministries
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