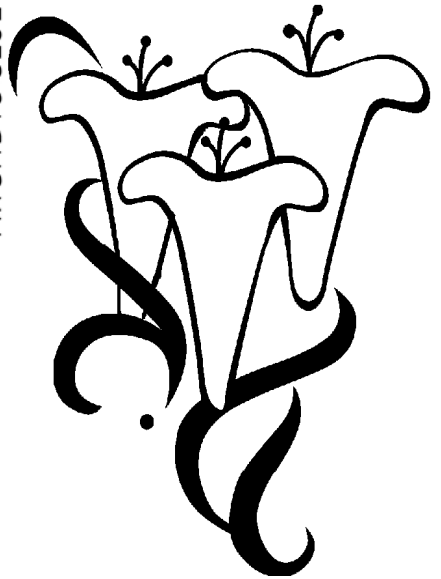


Divorce Support	PARISH	MEETING TIMES
Lake County	St. Peter /Antioch *Dcn Bob 847.395.0274 *Patti 847.740.0417	2nd Monday REBUILDERS Group
	Prince of Peace/Lake Villa * Norb 847.740.0805	Alternate Thursdays Call for information
	St. Anne/Barrington *Judy 847.934.5587 *Gayle 847.903.44505	Call parish for information
	Holy Family/ Waukegan *Gonzalo 847.249.8936	Cada viernes en español
NW Suburbs	Our Lady of the Wayside/ Arlington Hts *Dcn Brenden 847.392.8068	Sunday 7:30 PM 12 step support
	St Edna/Arlington Hts *Margaret Moser 847.398.3362	Meets once a month Call for information
	Holy Family/Inverness *Gerri 847.776.8432	Call for information or go to: www.holyfamilyparish.org
	Queen of the Rosary/Elk Grove Village *Dcn Ted 847.437.0403	Call for information
	St. Paul of the Cross/Niles & Park Ridge *Kelly 847.692.6025	2nd Monday of month 7:15PM
	Counseling Center/Park Ridge Rebuilding Program *847.518.1800	Call for times
	Church of the Holy Spirit/ Schaumburg *Deacon Ray Doud 847.882.7580	Call for information and times
	North Suburbs Divorce Counseling and Coaching, Inc./Chgo & Northbrook *Kate 312.214.3440	Call for programs and information
Lilac Tree/YWCA Evanston *Carol 847.328.0313	Various Programs For Women only	

Divorce Support	PARISH	MEETING TIMES
West Suburbs	St. Barbara/Brookfield *Deacon John 708.579.3674	2nd & 4th Thursday 7:30 PM Divorced and Widowed
	non-denominational Christ Church of Oak Brook/ Oak Brook *Janine 630.654.3233	Wednesday 7:00 PM Sunday 11:15 AM April and October group sessions
	St. John of the Cross/ Western Springs *Parish office 708.246.4404	Starting soon!
City	Old St. Pat's/Chicago *Jack 312.798.2386	Sunday 11 AM Call for information
	Esperanza/Chicago norte *Dcn Manuel del Llano 773.588.2620 *Martha 773.531.0391	2nd & 4th viernes 7 PM – 9 PM en español
	St John Bosco/Chicago Alegria de Vivir *Eva 773.385.9312 *Alina 773.427.2785	junta en el jueves llame para información entre la Austin Blvd y la Grand Ave en español
	St. Peter/Chicago Loop *Caryn 312.984.6338	Every Monday 12:00 PM
	Men's Divorce Recovery Group *Steve 773.255.8189	Call for time Evanston and Chicago Locations
	Southwest Suburbs St. Fabian/Bridgeview *Marianne 708.499.5377 *Tom 708.499.5377	2nd and 4th Thursday 7:30 PM in Parish Center
	St. Michael/Orland Park "Crossroads" *Bill 708.535.1497 *Jean 708.361.4535	2nd & 4th Wednesday 7 PM-9PM
	St Francis of Assisi/ Orland Pk *Deacon Joe 708.614.0286	Call for information

Joliet Diocese contact Desirée 815.838.5334
Rockford Diocese contact Chris & Bob
 815.965.5011

ANNULMENT SUPPORT INFORMATION
 The annulment process begins at your local parish. An appointment at the rectory is the first step. If you desire additional support to complete the process, contact the Family Ministries Office for a list of parishes that provide Annulment Support.
 A list will be sent to you. Call 312-751-8353 or e-mail: divorce@archchicago.org or log on: www.familyministries.org



**DIVORCE
 AND
 ANNULMENT
 SUPPORT
 MINISTRIES**

HELPFUL INFORMATION:

Catholic Divorce Facts

- † Divorced Catholics are not ex-communicated.
- † Divorced Catholics in good standing with the church, who are not remarried, may receive the sacraments.
- † Divorced Catholics are full members of the Catholic Church and can participate fully in the life of the church.
- † Neither divorce nor annulment affects the legitimacy of children.
- † Before a divorced Catholic can remarry in the Church, a declaration of nullity must be granted.



The loss of a primary relationship causes a deep-seated sadness. At the time of divorce there are many emotions inside your head and heart – anger, confusion, loss, guilt, rejection and fear – to name a few.

The Archdiocese of Chicago recognizes the difficult nature of life at this time and extends compassion and ministry to the divorced through the Family Ministries Office.

Faith and courage are needed to rebuild life after the end of a marriage. Those who have “been there” are able to offer strength and hope to newcomers. Through a network of peer support, every person is encouraged to rebuild life in the style they prefer.

DIVORCE OUTREACH

If you are separated, use the time of separation to reflect on God’s will for you. Attend Retrouvaille (a weekend retreat for troubled marriages), seek effective counseling from a professional and pray for strength to follow your marital commitment.

If you are a single parent, seek help from other single parents. Attend parent education opportunities in your community, school and church. Ask for help when you need it.

If you are co-parenting, learn to share the children in a kind way. Do not punish the other parent. Only the children suffer with that behavior. For your sake and the sake of the children – it’s better to be kind than to be right.

If you are divorced, attend peer self-help groups, seek effective, professional counseling to help you manage the changes in your life; get plenty of rest and exercise, eat smart, do not drink alcohol.

Pray on a daily basis.

Helpful Phone Numbers

Divorce Support 312-751-8353
Annulment Support Ministry 312-751-8353
Holbrook Ctr – Counseling 312-655-7560
Rainbows (for the children) 800-266-3206
www.rainbows.org
Retrouvaille (help for a troubled marriage)
800-470-2230 www.retrouvaille.org
Courage to Love (peer support help for troubled marriages) 708-246-4866

ANNULMENT SUPPORT

(A collaborative ministry between the Tribunal Office and Family Ministries Office of the Archdiocese of Chicago)

After a divorce an annulment is required if you wish to remarry in the Catholic Church. Many parishes now offer Annulment Support Ministry to help you start the paperwork and provide you with some pastoral support for the challenges in completing the process.

In the annulment process, an inquiry is made into the marital consent of the two parties. Often, upon investigation, a discovery is made that some essential element of consent was missing. Many people feel an inner peace and spiritual closure after going through the annulment process.

Steps to the annulment process:

1. Obtain the beginning application form from your local parish office.
2. Complete the form, have your pastoral minister sign it and you mail it into the Tribunal office.
3. Respond to any requests from the Tribunal – writing your testimony, producing documents, etc.
4. Set a timeline to complete this work within a few months of receiving the forms from the Tribunal.
5. Ask for help from an Annulment Support minister if you get ‘stuck.’ 312-751-8353.
6. Keep copies of everything you send to the Tribunal.
7. Monitor the progress of your case through contact with the Tribunal Office and your assigned judge.

E-mail for divorce information:
divorce@archchicago.org

E-mail for annulment information :
Tribunal@archchicago.org

Download application:
**www.archchicago.org/departments/
tribunal/tribunal.shtm**